

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
American Style Pancakes - Banana & Nutella	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
American Style Pancakes - Smoked Bacon & Maple Syrup	Y Unknown								Y	Y					
Biddys - Full Vegan Irish Breakfast	Y Whe Rye Bar Oat						M Unknown	Y	Y	Y			M		2
Biddys Bennies - Poached Eggs, English Muffin, Crispy Bacon, Hollandaise -	Y Bar					Y		Y	Y	Y			Y	Y	2
Biddys Bennies - Poached Eggs, English Muffin, Hollandaise - Haggis	Y Bar Oat					Y		Y	Y	Y			Y	Y	2
Biddys Bennies - Poached Eggs, English Muffin, Hollandaise - Smoked Salmon	Y Bar			Y		Y		Y	Y	Y			Y	Y	2
Biddys Bennies - Poached Eggs, English Muffin, Hollandaise - Wilted Spinach	Y Bar					Y		Y	Y	Y			Y	Y	1

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Breakfast Roll Egg	Y Unknown							Y	Y	Y					1
Breakfast Roll Black Pudding	Y Whe							Y	Y	Y					1
Breakfast Roll Haggis	Y Oat							Y	Y	Y					1
Breakfast Roll mushroom	Y Unknown							Y	Y	Y		Y			1
Breakfast Roll potato scone	Y Unknown							Y	Y	Y					1
Breakfast Roll Sausage	Y Whe							Y	Y	Y				Y	2
Eggs & Salmon, Toasted rye bread with smoked salmon, lemon & herb crowdie, poached eggs, lemon & EVOO	Y Whe Rye Bar			Y					Y	Y				Y	1
Full Irish Breakfast - Pork & Herb Sausages, Bacon, Potato Scone, Flat Mushroom, Plum Tomato, White Pudding, Ramsey's Black Pudding, Homemade Soda Farl, Baked Beans & Eggs Your Way...	Y Whe Oat							Y	Y	Y				Y	
Full Vegetarian Breakfast (v)(vegan option available) Vegetarian Sausages, Vegetarian Haggis, Grilled Tomato, Mushroom, Beans, Potato Scone & Eggs Your Way	Y Whe Rye Bar Oat								Y						2
Homemade Oats Porridge (vg) -	Y Unknown				M		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y				Y	

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Smashed Avocado, Chilli & Eggs (v) - Poached eggs, Sourdough Toast, Spiced Pistachio Dukkha	Y Whe Bar				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y			Y	Y	Y	1
Smashed Avocado, Chilli (vg) - Sourdough Toast, Spiced Pistachio Dukkha	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal					Y	Y	Y	1

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan

Pis	Pistachio
Wal	Walnuts